



Quick Guide to Accessing Health Incentive Dollars for Non-CDHP Members

**How to access your health incentive dollars earned**

Although information about dollars earned is available on the IncentOne Web site, Aetna administers your Health Incentives Health Reimbursement Account (HRA) and is your resource for information regarding your account balance and related activity. In 2010, members of HMO, EPO, and Out-of-Area medical plans are not eligible to earn Health Incentive dollars; however, any incentive dollars you earned in 2009 that carry over to 2010 will be set aside in your Health Incentive HRA. Aetna processes claims under your Health Incentive HRA and can assist you with any questions you have regarding the claims process.

**How to check your account balance**

Call Aetna at 1-877-286-3900 or go to [www.aetnavigators.com](http://www.aetnavigators.com). Follow the prompts to log on or register.



Only Consumer-Driven Health Plan (CDHP) members can earn incentive dollars in 2010. If you are enrolled in a McKesson-sponsored HMO, EPO, or Out-of-Area medical plan, you can still access any incentive dollars you earned in 2009. Even though you can't earn incentive dollars, we encourage you to explore the IncentOne Web site to help make you healthier and a better healthcare consumer. Use the site to see what actions you completed in 2009 by clicking the "My Account" tab and selecting "Account History."

**If you're already registered with Aetna**  
Simply log on and you'll have access to your Health Incentive HRA information.

**If you're not registered**  
Click "Go" under "First-Time User – I'm ready to register."

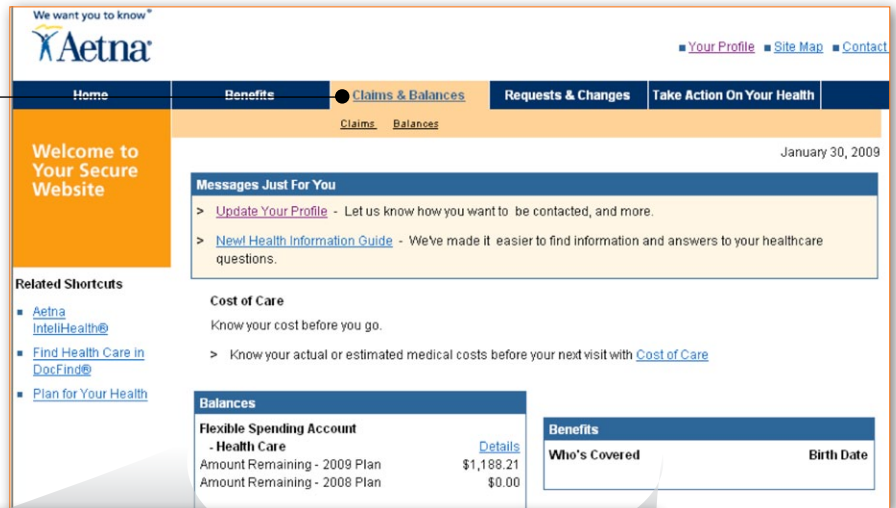
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## Exploring the Aetna Web site

Use the tabs to view your account activity.

Click "Claims & Balances." Your account information and activity can be found in the Balances box under "HRA Health Reimbursement Account."

Click "Details" to view additional information about your account activity.



## Filing a claim

Check your account balance before you file a claim to ensure that you have money available in your Health Incentives HRA.

Download a claim form by clicking <http://sites.mckesson.com/McKHealth/GC15754.pdf>. Refer to the list of covered expenses provided on the claim form to be sure that your expense is eligible for reimbursement.

File your claim with Aetna:

- Follow completion instructions on the claim form.
- Send your completed claim form and supporting documentation directly to Aetna via mail or fax.
- Aetna will process your claim and send the reimbursement check to your home address.
  - Consider using the direct deposit feature to receive your reimbursement. You can enroll in direct deposit through Aetna Navigator.